

FAMILY PLAN—DURING an EMERGENCY

CONTACTS

*Do you remember all the numbers stored in your phone?
PRINT AND SAVE COPIES OF CONTACT LISTS ON A REGULAR BASIS!*

- Reference your **Communication** plan
- Call those identified as priority contacts

COMMUNICATION

Communication often fails. Make it your plan to have more than one way to communicate.

- Reference **(Contacts)** and follow the communication plan
- Keep a communication device with you at all times
- Tune into emergency alert stations: KVEN 1450 AM, KHAY 100.7 FM, & KMLA 103.7 FM (Spanish)
- Check www.vcemergency.com for current, Ventura County emergency information
- Assess your situation and ensure safety of family/friends
- If possible/necessary:
 - Go to your meeting place
 - Check in with your out of area contact

SUPPLIES

These items can be used to (Shelter in Place) but you may need to grab some to take with you for (Evacuation).

- Check (Maps & Diagrams) for supplies' location
- Track supplies removed from cache for accountability (Supplies)
- When removing items, repack remaining to protect from moisture
- Take essential supplies with you in a portable container upon evacuation
- Use (Supplies) inventory list to track usage

FIRST AID

You may not have access to professional first aid so you should do what you can with what you have.

- Identify and organize volunteers
- Identify any medical professional volunteers
- Retrieve your first aid kit and identify a safe place to treat victims
- If possible, sort victims by severity and your ability to treat

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FIRE EXTINGUISHERS

Know what kind of fire extinguishers you have, what fires they put out, and how to use them. Have them serviced annually.

- Size Up:
 1. Is Fire small and contained?
 2. Do you have the proper type/class of extinguisher?
 3. Is the extinguisher large enough?
 4. Is area hazard free?
 5. Do you have 2 safe exits? Do not allow the fire, heat, or smoke to come between you and your evacuation path.
- Exit building if fire is too large or if your evacuation path is in danger
- Report fire location and status to responders
- If appropriate to fight the fire:
 1. Follow **RACE** (Supporting Doc)
 2. Use the practiced **PASS** technique to extinguish fire
 3. After completing **PASS** procedure, back away in case fire flares up again.
- Shut all doors on exit

FOOD AND WATER

Remember: some disasters last longer than 3 days; plan for resupply & purification.

- Consolidate all food/water resources
- Track use of supplies
- Conserve food/water
- Plan resupply of food/water on Day 2
 - Identify food
 - Purify Replacement water (Managing Water)
- If power is out, eat:
 - Perishable food in refrigerator/pantry/ garden; then
 - Food from freezer: usually lasts at least 2 days & food with ice crystals is safe to eat; then
 - Non-perishable foods and staples

IMPORTANT DOCUMENTS

Important documents assist in identification, verification, and beyond...

- Keep Important Documents safe and accessible

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MAPS AND DIAGRAMS

Maps are essential in successful disaster planning

- Leverage maps to assist you in responding to the incident

GO-BAG

Remember this is a bag you may have to grab in a hurry and carry some distance.

- Retrieve your Go Bag
- Add last minute items you may not have packed such as: keys, cash/checks, contact lists or address book
- If you are taking cell phones, portable GPS, eBooks or computers/tablets be sure you have the appropriate charger cables and if possible, a solar charging unit

ACCESS AND FUNCTIONAL NEEDS

Remember your unique needs and prepare in such a way that allows you to remain comfortable and fully functional.

- Be ready with your **(Go Bag)** and all prepared lists/supplies/documents in case of **(Evacuation)**

ANIMALS

Don't forget your animals when you have to evacuate; there is often very little time so planning ahead will pay off.

- Grab Animal Go Bag
- Retrieve animals and confine
- Assign a family/household member to be responsible for animals
- Keep photos or ID with you in case of separation
- Be prepared to leave animals behind if responders say to

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SHELTER IN PLACE

Be sure you know whether you should STAY (Shelter in Place) or GO (Evacuation)

- Account for everyone and move to a safe area
- Assess building & identify safe/unsafe areas
 - Shut off **Utilities** if needed
 - Lock doors
 - Close windows, air vents & fireplace
 - Seal any gaps, including doors/vents
 - Turn off fans, A/C & forced air heating systems if appropriate
- Refer to (Decision-Making Tree) to determine whether to SIP or evacuate
- Continually reassess the safety of SIP & evacuate if SIP is posing greater risks than evacuation
- Listen to news/radio for information
- Bring your family/pets inside
- If safe, grab your **Go Bag**

EVACUATION

Contemplate before you evacuate

- Discover shelter/alternate site locations
- Secure the building (Security)
- Shut off utilities if hazard detected (Utilities)
- Grab Important Docs
- Grab Go Bag
- Account for all family/household members
- Listen to news/radio for evacuation orders/routes and road hazards/blocks
- Check www.vcemergency.com
- Wear weather-appropriate clothing & shoes

TRANSPORTATION

There are less than 40 ambulances in the entire County of Ventura

- Refer to your (Commuter Emergency Plan)
- Conserve fuel
- Assess availability of vehicles
- Keep Maps of evacuation route in your vehicle
- Assess road conditions, listen to news/radio for road closures/blocks & decide whether to:
 - Evacuate**; or
 - Shelter in Place**

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UTILITIES

Safety first: plan ahead and follow proper utility shut off procedures

- Assess for damage to structure and utilities
- If you hear any hissing or smell gas evacuate immediately then secure utilities only if safe to do so (**Evacuation**)
- If any electrical issues are found locate main power panel
 - Turn off all smaller breaker before turning off the main breaker
- If any major water leaks or breaks are found turn off the water

SECURITY

Remember, security incidents can last longer than 3 hours...

- If possible, get to pre-identified safe room/rooms with hardened walls
 - Lock/block doors
 - Bring backup communication devices
- RUN, HIDE, FIGHT, TREAT
 - Get away from threat
 - Hide from threat
 - Prepare to neutralize threat
 - Treat victims when safe

VIOLENCE

Implement effective strategies to reduce, respond to, report, and resolve issues of violence. Trust your instincts!

- Don't ignore threats of violence
- Rapidly assess situations for increased violence
 - Call 911 if warranted
- Remain calm
- Make space between you and individual
- Run, hide, fight, treat if warranted
- If involved in an incident document or record only when safe
- Assess your situation
- Ensure your personal safety and that of your family

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REUNIFICATION

After a disaster, letting your family/friends know that you are safe and well can bring your loved ones great peace of mind.

- Reference **(Contacts)** and follow **(Communication)** plan
 - If unreachable/out of service, reattempt calling at regular intervals in case a restoration of services has occurred
- Discover shelter/alternate care site locations
 - Bring your **(Important Documents)** with you to shelter locations for easy identification
- If evacuating, leave a note of:
 - When you left
 - Who you left with
 - What time you left
 - Where you were headed
- Tune into emergency broadcasts for evacuation orders/routes
- Account for family/friends
- If you have not found your family or friends, contact your local American Red Cross Chapter