# **FAMILY PLAN—AFTER an EMERGENCY**

#### **CONTACTS**

Do you remember all the numbers stored in your phone?
PRINT AND SAVE COPIES OF CONTACT LISTS ON A REGULAR BASIS!
☐ Update all contacts
COMMUNICATION
Communication often fails. Make it <u>your plan</u> to have more than one way to communicate.
<ul> <li>□ Restock supplies</li> <li>□ Update lists and contact information</li> <li>□ Do maintenance and repair, as necessary, on devices</li> </ul>
SUPPLIES
These items can be used to (Shelter in Place) but you may need to grab some to take with you for (Evacuation).
☐ Restock all supplies ☐ Address deficiencies
FIRST AID
You may not have access to professional first aid so you should do what you can with what you have.
☐ Restock first aid kits and return to designated spot
FIRE EXTINGUISHERS
Know what kind of fire extinguishers you have, what fires they put out, and how to use them. Have them serviced annually.
<ul><li>☐ Consult technical experts prior to reinitiating services</li><li>☐ Replace or recharge used fire extinguishers</li></ul>
FOOD AND WATER
Remember: some disasters last longer than 3 days; plan for resupply & purification.
<ul><li>□ Remember to restock</li><li>□ Evaluate adequacy of stock and prepare to adjust if needs were not fully met</li></ul>

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IMPORTANT DOCUMENTS
Important documents assist in identification, verification, and beyond
☐ Update any changes to documentation
MAPS AND DIAGRAMS
Maps are essential in successful disaster planning
☐ Review maps for any items or routes that need adjustments
GO-BAG
Remember this is a bag you may have to grab in a hurry and carry some distance.
☐ Restock your Go Bag(s)
ACCESS ANDFUNCTIONAL NEEDS
Remember your unique needs and prepare in such a way that allows you to remain comfortable and fully functional.
<ul><li>Restock supplies</li><li>Determine gaps/deficiencies and revise your lists</li></ul>
ANIMALS
Don't forget your animals when you have to evacuate; there is often very little time so planning ahead will pay off.
<ul> <li>□ Bring crates, carriers or trailers, and leashes/harnesses to retrieve animals</li> <li>□ Collect animals from drop off point</li> <li>□ Be prepared to establish ownership with pictures or other documentation</li> <li>□ Replenish Go-Bag</li> </ul>
SHELTER IN PLACE
Be sure you know whether you should STAY (Shelter in Place) or GO (Evacuation)
<ul><li>Call appropriate organizations/companies for clean up</li><li>Notify family/friends of your safety</li></ul>

#### FAMILY PLAN—AFTER an EMERGENCY

### **EVACUATION** Contemplate before you evacuate ☐ Ensure building is safe prior to re-entry ☐ Consider mental health & grief counselors ☐ Call insurance company ☐ Notify family/friends of re-entry/safety **TRANSPORTATION** There are less than 40 ambulances in the entire County of Ventura ☐ Refuel & repair vehicles, if necessary ☐ Assess effectiveness of your (Commuter Emergency Plan) and revise, if necessary **UTILITIES** <u>Safety first</u>: plan ahead and follow proper utility shut off procedures ☐ Always contact a licensed professional to turn all utilities back on Never turn the gas back on without contacting the local gas company first **SECURITY** Remember, security incidents can last longer than 3 hours... ■ Restock safe rooms ☐ Evaluate adequacy of stock and prepare to adjust if needs were not fully met **VIOLENCE** Implement effective strategies to reduce, respond to, report, and resolve issues of violence. Trust your instincts! Provide counseling services to those affected REUNIFICATION After a disaster, letting your family/friends know that you are safe and well can bring your loved ones great peace of mind. ☐ Adjust (Communication) plan and (Contacts) to meet problems identified during the incident ☐ Notify family/friends of re-entry/safety