

Access & Functional Needs

Before

- Compile list of all **(Important Documents)**
- Compile list of all life sustaining treatments you need such as dialysis, oxygen, medications, etc.
- Stock all prescription medication/supplies
- Stock all over-the-counter medication, wipes, pads, and other medical supplies
- Compile a list of **(Contacts)** for all primary medical providers

During

- Be ready with your **(Go Bag)** and all prepared lists/supplies/documents in case of **(Evacuation)**

After

- Restock supplies
- Determine gaps/deficiencies and revise your lists

Remember your unique needs and prepare in such a way that allows you to remain comfortable and fully functional.