

Violence Prevention

Before

- Develop an active role in violence prevention
- Practice Vigilance and be aware of:
 - Your surroundings
 - Potential for being followed
 - Unfamiliar, dimly light, or secluded areas
 - Sharing too much information
- Consider installing/maintaining (**Security**) measures
 - Security cameras
 - Lighting
 - Trimmed hedges
 - Physical security i.e. door locks
- Implement prevention strategies for security/bullying related to Cyber/I.T.
- Be aware of available services, such as:
 - Behavioral Health, Critical Incident Stress Management, and Counseling
- Know who you are allowing in your home, such as:
 - Maids, gardeners, nanny, repair workers, dog sitter, etc.
- Know your neighbors

During

- Don't ignore threats of violence
- Rapidly assess situations for increased violence
 - Call 911 if warranted
- Remain calm
- Make space between you and individual
- Run, hide, fight, treat if warranted
- If involved in an incident document or record only when safe
- Assess your situation
- Ensure your personal safety and that of your family

After

- Provide counseling services to those affected

***Implement effective strategies to reduce, respond to, report,
and resolve issues of violence.
Trust your instincts!***